

## Welcome to the 3rd Congressional District of Oregon!

Our district takes in most of Portland and Multnomah County east of the Willamette River, extending over suburban plains and hills to the splendid scenery of the Bonneville Dam in the Columbia River Gorge and Mount Hood high in the Cascades. The district covers almost half of Clackamas County to the south and stretches as far east as Government Camp. Once outside the suburbs, Multnomah and Clackamas counties quickly turn rural. Mount Hood National Forest occupies most of the district's eastern region.

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### Cities and Unincorporated Areas

**Multnomah County**  
**Clackamas County**

City of Portland  
City of Maywood Park  
City of Damascus  
Bridal Veil/Latourell Falls     Corbett  
City of Troutdale  
City of Gresham  
City of Fairview  
City of Wood Village  
Orient  
Bonneville

City of Milwaukie  
City of Sandy  
City of Happy Valley  
Alder Creek  
Brightwood  
Bull Run  
Estacada  
Marmot  
Zig Zag  
Welches  
Wemme  
Rhododendron  
Government Camp  
Roslyn Lake  
Wildwood  
Eagle Creek (portion)  
City of Boring (portion)  
City of Clackamas (portion)

## **Localities**

### **North Portland**

Tucked in at the confluence of the Willamette and Columbia rivers, North Portland is home to a number of well-established neighborhoods. Overlook, Bridgeton, St. Johns, and Cathedral Park are just a few of the well-known districts that many Portland residents call home. This area boasts a number of wildlife refuges and parks, including Smith and Bybee Lakes, many of which, such as Columbia Slough, have benefited from intensive environmental restoration efforts. Just across the Willamette from North Portland is 4,600-acre Forest Park, the nation's largest urban wilderness area, and Oregon's beautiful Sauvie Island, home to 2 to 3 million migrating waterfowl and 150,000 ducks and geese. The primarily rural Sauvie Island is a

favorite place for Portlanders to escape for a late spring picnic or a visit to one of many pumpkin patches run by local farmers in the fall. Delta Park, Jantzen Beach Shopping Center, Portland International Raceway, and the University of Portland are all notable areas of interest found in North Portland.

## **Northeast Portland**

Northeast Portland defines classic urban living. Encompassing both ends of the spectrum, this area is complete with thriving businesses in the Lloyd district towers and state and government offices, but rooted in historical homes and distinctive shops, such as those found in the Irvington neighborhood. At night and on the weekends, Northeast Portland stays busy with bustling people. Portlanders can catch a Trailblazers game or concert at the Rose Garden Arena or head over to the Memorial Coliseum for a hockey game, both only a short stroll from the new Eastbank Esplanade

(<http://www.portlandonline.com/parks/finder/index.cfm?PropertyID=105&action=ViewPark>.)

Residents can shop in the popular Lloyd Center Mall, then hop on the MAX light rail to wind through the historic Hollywood District that is packed with unique restaurants and retail stores.

## **Southeast Portland**

The Southeast district, between Burnside Street and the Clackamas County line, and bounded on the west by the Willamette River, is the largest and most populous section of the city. This eclectic area is home to the heart of Portland's counter-culture, the Hawthorne district, filled with a plethora of coffeehouses, unique boutiques, and students from nearby Reed College. A stroll through the Sellwood neighborhood reveals over 50 antique stores and popular family destination Oaks Park. Southeast has many beautiful parks, including Mt. Tabor, Laurelhurst, Westmoreland, and the Crystal Springs Rhododendron Gardens.

## **East Portland**

Beyond 82nd Avenue, Portlanders are more likely to say they're from "East Portland" rather than Southeast or Northeast. Most of this part of the city was annexed in the '80s and early '90s and many residents still remember the days the area was known as "Mid-county". This part of Portland is independent-minded, with its own two separate school districts, Parkrose and David Douglas. It grew rapidly in the 1950s and '60s, and both its wide arterial streets and low-slung ranch style homes lend it a suburban feel. The Gateway District, I-205, Burnside MAX line, Glendoveer Golf Course, Springwater Trail, Johnson Creek, and the fir-clad Buttes (Rocky, Kelly, Powell and Mt. Scott) are major landmarks.

For more information:

- [www.eastportlandchamber.org](http://www.eastportlandchamber.org)

## **Gresham**

Residents of this thriving suburb are quick to point out that Gresham is actually the state's fourth largest city, home to over 90,000. Many residents of Gresham commute via the MAX or Interstate 84 into Portland, but Gresham itself supports a significant growing commercial and service sector. Gresham features a quaint historical downtown, complete with a weekly Farmer's Market, as well as a surplus of retail areas, such as the newly developed Gresham Station. Many Gresham residents take advantage of the large and reputable Mt. Hood Community College, which in the late summer hosts the acclaimed Mt. Hood Festival of Jazz. Visitors should check out the Gresham Pioneer Museum, play a round of golf at Persimmon Country Club, and take in a show at Mt. Hood Repertory Theatre.

For more information:

- [www.ci.gresham.or.us](http://www.ci.gresham.or.us)
- [www.visitgresham.com](http://www.visitgresham.com)

## **Troutdale, Wood Village, and the City of Fairview**

Stretched along the Columbia Gorge at the Third District's northern boundary, the cities of Fairview, Wood Village, and Troutdale will not be outdone by their larger neighbors. Known for its small-town atmosphere, Fairview offers access to water sports, golf courses, and a number of parks. Most notable of these is Blue Lake Park, an expansive recreational area with a 400-foot swimming beach, fishing access, playgrounds, bike and boat rentals, bike paths, and picnic grounds. Just a short stroll east and one happens on Wood Village, an area with affordable housing and an excellent environment for families (not to mention the excitement at nearby Multnomah Greyhound Park). Troutdale, a somewhat larger city, is known for its many parks and towering views of the Columbia Gorge. Residents and visitors alike enjoy shopping at the Troutdale Outlet Mall and unwinding with dinner and refreshments at McMenamins Edgefield (brewery and distillery on site!).

For more information:

- [www.ci.troutdale.or.us](http://www.ci.troutdale.or.us)
- [www.ci.fairview.or.us](http://www.ci.fairview.or.us)

## Columbia Gorge and East County

Oregon's Third District extends considerably east of Portland, stretching into some of the most scenic areas of the state. Just outside of Troutdale, Oregon residents enjoy fishing, swimming, and rafting along the meandering Sandy River as it winds through Oxbow Park. Hikers enjoy the beautiful views from the rocky cliffs along the Columbia Gorge, most famously from Crown Point, just outside the small town of Corbett. A short trip down scenic Columbia River Highway brings one to the impressive beauty of Multnomah Falls, the second highest year-round falls in the nation, and a landmark every good Portlander visits at least once a year (and of course, a salmon dinner at Multnomah Falls Lodge never hurts either). Just a few more minutes down the road and tourists can watch fish fight their way up the Bonneville Dam's fish ladder. All this within an hour's drive of the city!

For more information:

- [www.nwp.usace.army.mil/op/b](http://www.nwp.usace.army.mil/op/b)
- [www.fs.fed.us/r6/columbia/millennium2/welcome](http://www.fs.fed.us/r6/columbia/millennium2/welcome)
- [www.multnomahfalls lodge.com](http://www.multnomahfalls lodge.com)

## Milwaukie

Known as the "City of Dogwoods," Milwaukie is immediately south of Portland on the Willamette River and close to the Clackamas River. This location makes Milwaukie a prime location for water activities, camping, fishing, and hiking. The primarily residential city boasts the Sara Hite Rose Garden, where on just one acre visitors can take in the sweet aroma of more than 420 rosebushes in 26 varieties. With the prospects of a new MAX line into Milwaukie in the near future, this charming section of the district will be even more accessible to visitors, shoppers, and workers.

For more information:

- [www.el.com/to/milwaukie](http://www.el.com/to/milwaukie)
- [www.cityofmilwaukie.org](http://www.cityofmilwaukie.org)

## **North Clackamas**

Oregon's Third District claims only a small section of expansive Clackamas County, but residents of North Clackamas are quick to remind you how distinctive their neighborhoods are. Just south of Gresham lie Damascus and Boring, both primarily residential and agricultural. Well-kept beautiful homes stand in the midst of some of the country's finest Christmas tree farms. Westward on Highway 212 toward Milwaukie one runs into newer housing developments and one of the district's most popular shopping destinations, the Clackamas Town Center Mall.

## **Sandy and the Mt. Hood Corridor**

Though everybody who lives within view peeks outside each morning to see if the "mountain is out," only a few are so lucky as to live along Mt. Hood Corridor, the series of unincorporated villages east of Portland where U.S. Highway 26 begins the steep climb to Mt. Hood. Sandy, the last incorporated city along the route, is a favorite lunch and last-minute shopping stop for snow-seeking adventurers. Residents enjoy Sandy for its out-of-the-way appeal and small town beauty. The abundant rainbow trout at nearby Roslyn Lake keep fishing enthusiasts in town season after season. Welches, located near the junction of the Sandy and Salmon rivers and the largest of the unincorporated areas, is home mostly to tree farmers, those working in the tourism business, and retirees from as far away as Florida. The popular Resort at the Mountain is a mainstay of the area and attracts wealthy out-of-state tourists eager to take in Oregon's beauty. For skiing and snowboarding enthusiasts, Mt. Hood National Forest has some of the best year-round and night skiing facilities, including Mt. Hood Skibowl, Mt. Hood Meadows, and the magnificent Timberline Lodge, a National Historic Landmark built through Roosevelt's Federal Works Projects Administration. Constructed of mammoth timbers and native stone in 1937, Timberline Lodge stands today as a tribute to the rugged spirit of the Pacific Northwest.

For more information:

- [www.ci.sandy.or.us](http://www.ci.sandy.or.us)
- [www.skibowl.com](http://www.skibowl.com)
- [www.skihood.com](http://www.skihood.com)
- [www.timberlinelodge.com](http://www.timberlinelodge.com)
- [www.fs.fed.us/r6/mthood](http://www.fs.fed.us/r6/mthood)

## **Estacada**





<http://www.cityofestacada.org/>

## District Demographics As of 2000 Census

Population	684,279
Percent change from 1990	20.4%
Land area	1021 square miles
Population per square mile	670

### Counties, 2000 population

Clackamas	124,972
Multnomah	559,307

### Portion of Cities in District, 2000 population (10,000 or more)

Gresham	90,205
Milwaukie	20,490
Portland	432,388
Troutdale	13,777

### Race

White	75.1%
Black	12.3%
American Indian, Eskimo, or Alut	0.1%
Asian/Pacific Islander	3.7%
Other	5.5%
Hispanic Origin	12.5%